

SUNDAY / DOMINGO

10:00 AM 1HR Sunday Morning, Hoquiam Library, Back room, 420 7th St.,
Hoquiam, WA, 98550

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,Tr,WC)**

MONDAY / LUNES

6:00 PM 1HR Having Entered Recovery (H.E.R), Saint Andrew's Episcopal
Church, Open to all on third Monday, 400 East 1st Street, Aberdeen, WA,
98520-4116 **(C,RF,W,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O)**

TUESDAY / MARTES

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,Tr,WC)**

7:00 PM 1.5HR Renewed Hope, Saint Andrew's Episcopal Church, at G Street,
400 East 1st Street, Aberdeen, WA, 98520-4116 **(O,WC)**

WEDNESDAY / MIÉRCOLES

7:00 PM 1HR Being In Recovery (BIR), Saint Andrew's Episcopal Church, 400
East 1st Street, Aberdeen, WA, 98520-4116 **(O,RF,To,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,RF,Tr,WC,BK)**

THURSDAY / JUEVES

6:00 PM 1HR Baby Steps, St. Andrews Church, The Church With The Red Door,
823 W Heron St, Aberdeen, WA, 98520 **(O,RF,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,RF,Tr,WC)**

7:00 PM 1HR South Bend Recovery, Destination Hope and Recovery, 700
Robert Bush Dr., South Bend, WA, 98586 **(O,RF,WC)**

FRIDAY / VIERNES

5:30 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,RF,Tr,WC)**

7:00 PM 1.25HR Fresh Start, Seventh Day Adventist Church, 1246 Monte Elma
Road, Elma, WA, 98541-9021 **(O,RF,WC)**

7:00 PM 1HR Get To Steppin, 400 E First st Aberdeen, Aberdeen, WA, 98520
(O,St)

SATURDAY / SÁBADO

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA,
98520 **(O,RF,Tr,WC)**

7:00 PM 1.5HR Renewed Hope, Saint Andrew's Episcopal Church, 400 East 1st
Street, Aberdeen, WA, 98520-4116 **(O,WC,BK)**

7:00 PM 1HR South Bend Recovery, Destination Hope and Recovery, 700
Robert Bush Dr., South Bend, WA, 98586 **(O,RF,WC)**

MEETING FORMAT LEGEND

BK	Book Study	C	Closed
O	Open	RF	Rotating Format
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair		

HELPLINES

SERVICE MEETINGS



**GRAYS HARBOR AREA
MEETING LIST
JANUARY 2023**

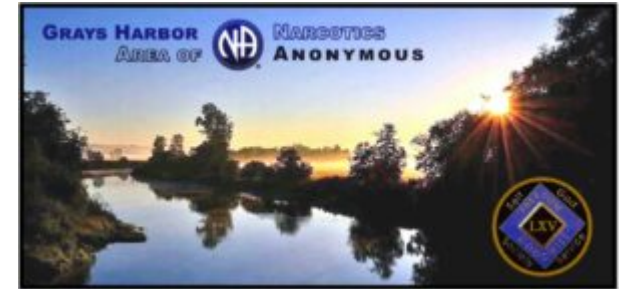
**24 HOUR HELPLINE
360-589-8620**

<https://gha-na.org>

SUGGESTIONS FOR EVERYONE

- DON'T USE** no matter what
- Ask your Higher Power** to keep you clean
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**
- KEEP COMING BACK. IT WORKS**

Meetings Weekly: 12



NARCOTICS ANONYMOUS is a fellowship of recovering addicts, who meet regularly, to help each other stay clean and build a new way of life. Our message is HOPE and the promise is FREEDOM! If you have a problem with drugs of any kind, please see our meeting schedule and come to one of our meetings. We CAN Help!

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**