

SUNDAY / DOMINGO

9:30 AM 1HR Higher Powered, Hoquiam Timberland Library, around back in basement room, 420 7th St., Hoquiam, WA, 98550 **(O,RF,WC)**

5:30 PM 1HR Just For Today, Zoom Only, Ocean Shores, WA, 98569 **(VM,TC)**
ZOOM ID: 565 812 6531, Passcode: 302872

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,Tr,WC)**

MONDAY / LUNES

6:00 PM 1HR Having Entered Recovery (H.E.R), Saint Andrew's Episcopal Church, Open to all on third Monday, 400 East 1st Street, Aberdeen, WA, 98520-4116 **(C,RF,W,WC)**

7:00 PM 1HR Hoquiam Recovery NA Meeting, Hoquiam Timberland Library, Basement Room around Back, 420 7th St., Hoquiam, WA, 98550 **(O,D,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O)**

TUESDAY / MARTES

6:00 PM 1HR No Reservations, Quinault Tribal Housing Authority, around back in the conference Rm, 209 Spruce St, Taholah, WA, 98587 **(O,B,ENG)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,Tr,WC)**

7:00 PM 1.5HR Renewed Hope, Saint Andrew's Episcopal Church, at G Street, 400 East 1st Street, Aberdeen, WA, 98520-4116 **(O,WC)**

WEDNESDAY / MIÉRCOLES

7:00 PM 1HR Being In Recovery (BIR), Saint Andrew's Episcopal Church, 400 East 1st Street, Aberdeen, WA, 98520-4116 **(O,RF,To,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,RF,Tr,WC,BK)**

THURSDAY / JUEVES

7:00 PM 1HR Just for Today, North Beach Alano Club, 873Point Brown Ave NW, Ocean Shores, WA, **(HY)** *Hybrid Meeting*:
ZOOM ID: 565 812 6531, Passcode: 302872

7:00 PM 1HR Pacific County Recovery, First Lutheran Church, 103 Adams St, South Bend, WA, 98586 **(O,RF,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,RF,Tr,WC)**

FRIDAY / VIERNES

5:30 PM 1HR Love Your Life, Aberdeen Senior Center, 208 W. Market St, Aberdeen, WA, 98520

5:30 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,RF,Tr,WC)**

7:00 PM 1.25HR Fresh Start, Seventh Day Adventist Church, 1246 Monte Elma Road, Elma, WA, 98541-9021 **(O,RF,WC)**

7:00 PM 1HR Hoquiam Recovery NA Meeting, Hoquiam Timberland Library, 420 7th St., Hoquiam, WA, 98550

11:00 PM 1HR Get a Grip, Aberdeen Alano Club, Front Room, 823 W. Heron St., Aberdeen, WA, 98520 **(B,CL,D)**

SATURDAY / SÁBADO

7:00 PM 1HR Pacific County Recovery, First Lutheran Church, 103 Adams St, South Bend, WA, 98586 **(O,RF,WC)**

7:00 PM 1HR Recovery Warriors, Alano Club, 823 W Heron St., Aberdeen, WA, 98520 **(O,RF,Tr,WC)**

7:00 PM 1.5HR Renewed Hope, Saint Andrew's Episcopal Church, 400 East 1st Street, Aberdeen, WA, 98520-4116 **(O,WC,BK)**

11:00 PM 1HR Get a Grip, Aberdeen Alano Club, Front Room, 823 W. Heron St., Aberdeen, WA, 98520

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
C	Closed	CL	Candlelight
D	Discussion	ENG	English speaking
HY	Hybrid Meeting	O	Open
RF	Rotating Format	TC	Temporarily Closed Facility
To	Topic	Tr	Tradition
VM	Virtual Meeting	W	Women
WC	Wheelchair		

HELPLINES

SERVICE MEETINGS



**GRAYS HARBOR AREA
MEETING LIST
MARCH 2024**

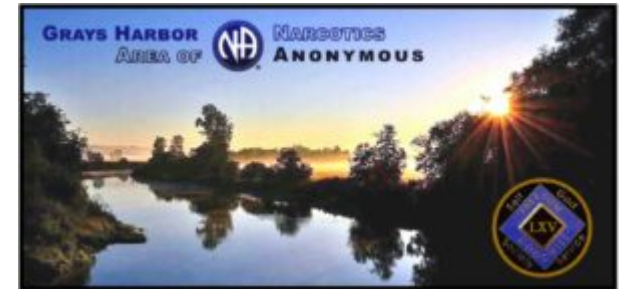
**24 HOUR HELPLINE
360-589-8620**

<https://gha-na.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 12



NARCOTICS ANONYMOUS is a fellowship of recovering addicts, who meet regularly, to help each other stay clean and build a new way of life. Our message is HOPE and the promise is FREEDOM! If you have a problem with drugs of any kind, please see our meeting schedule and come to one of our meetings. We CAN Help!

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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