



WOULD YOU LIKE TO  
BE OF SERVICE?

Here are some ways to give back what  
was freely given to you:

- ⇒ **Public Information Contact** – John C (971-274-1271) or [gha-public-info@gha-na.org](mailto:gha-public-info@gha-na.org)
- ⇒ **Hospitals and Institutions** – Tuesday Mornings, Monday and Thursday nights. Carry the message to those who can't attend regular NA meetings. Contact **Bill J (360-589-7624)** or **Lonnie B (360-591-4586)**
- ⇒ **Activities** – Help plan and put on events for fun in recovery – Contact **Sammy S (360-523-0422)**
- ⇒ **H&I/PI Meeting/Orientation** -- 12:00 and/or **ASC Meeting** – 1:00 both on the first Sunday of the month at Grays Harbor Community Hospital, West Campus, Conference Rm C

We learn that we keep what we have only by giving it away.

Basic Text, Sixth Edition p 58-59

**Narcotics Anonymous®**